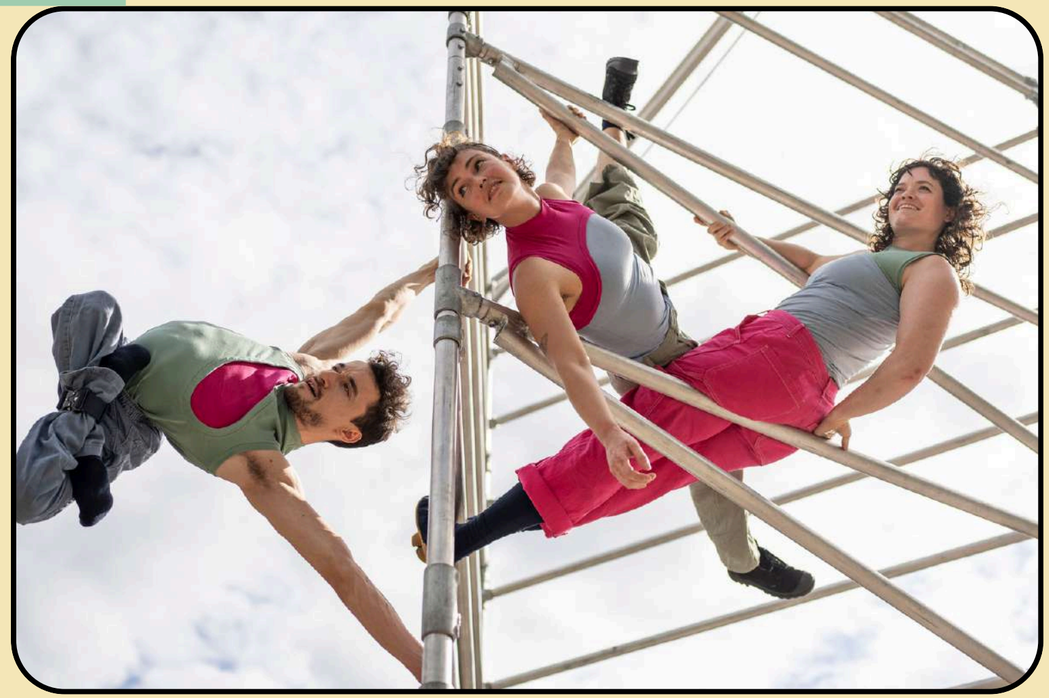
Visual Guide Easy Read

What is a visual guide?

A Visual Guide has information and pictures to prepare you for our performance at Full Shebang.
If you have any questions please contact the access team:

access@firstart.org.uk

What is the show?

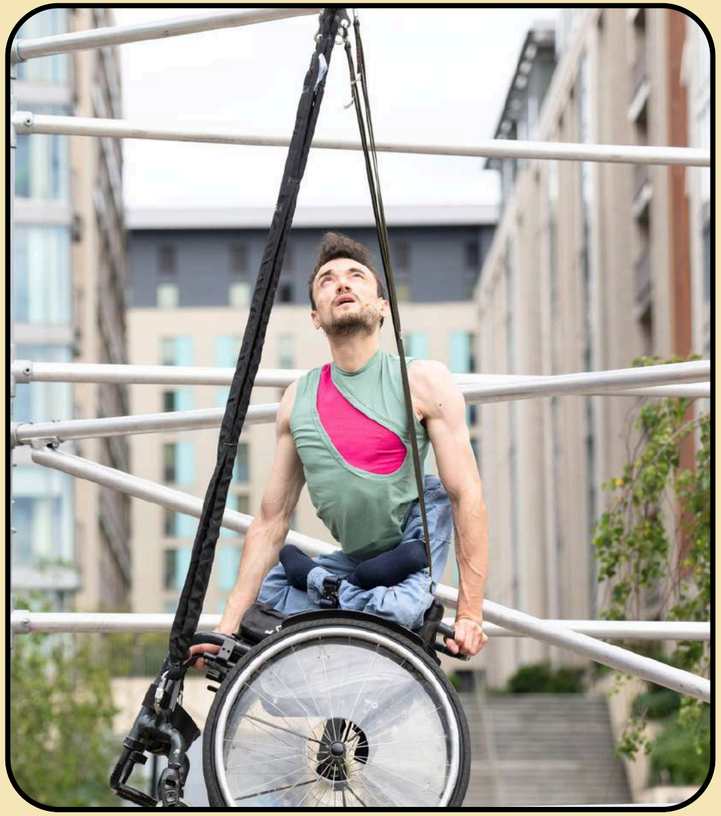


Anchored In Air by Head Over Wheels

Where is the show?

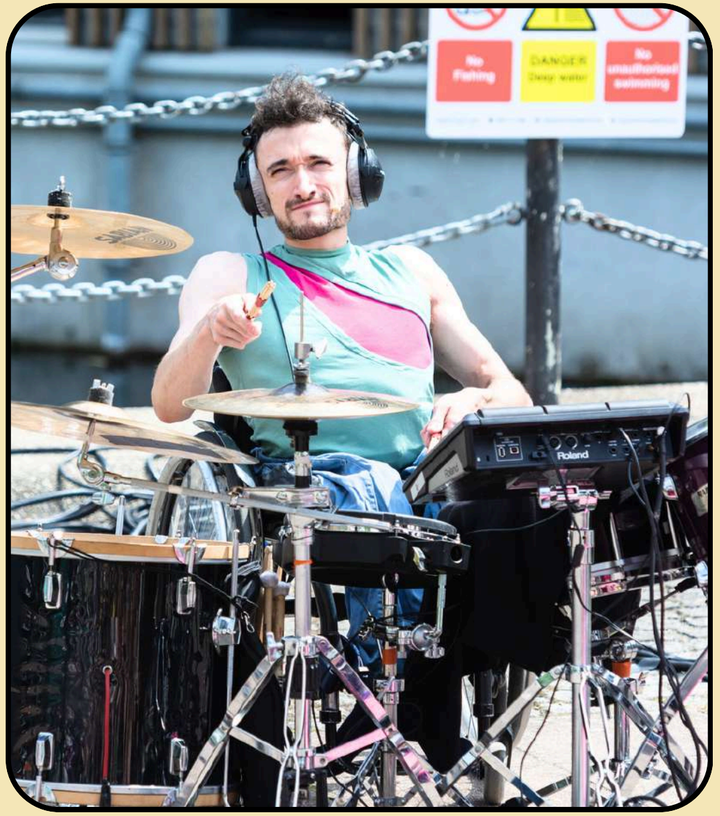
Mansfield Marketplace

Cast- Jonny



Jonny Leitch (He/They) Is Co-Artistic Director of Head Over Wheels.

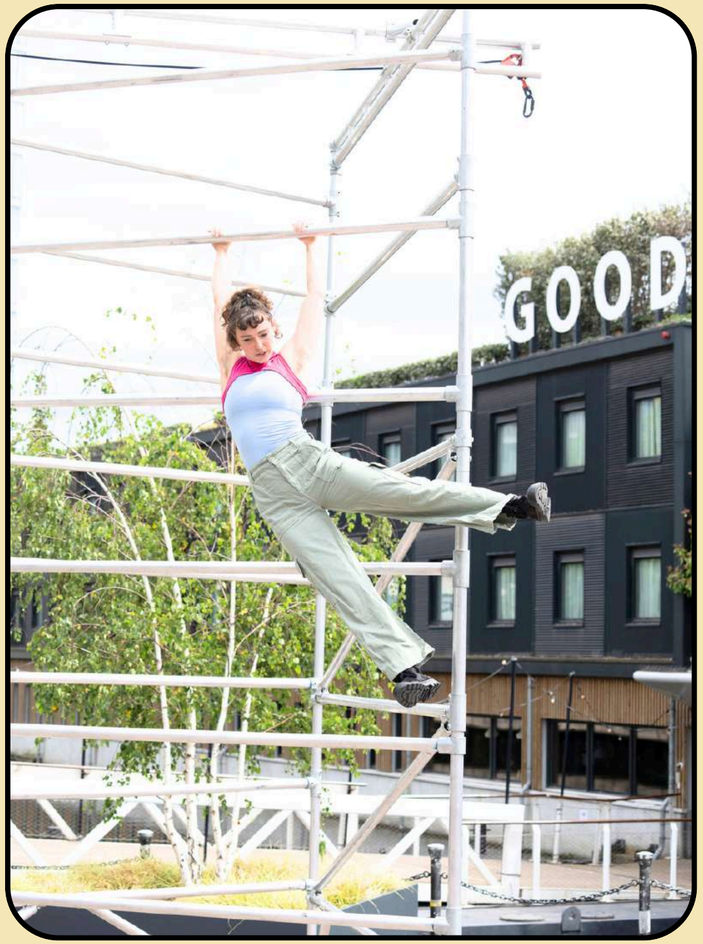
Jonny is a musician and circus and movement performer in the show. Sometimes you will see him on his drum kit.



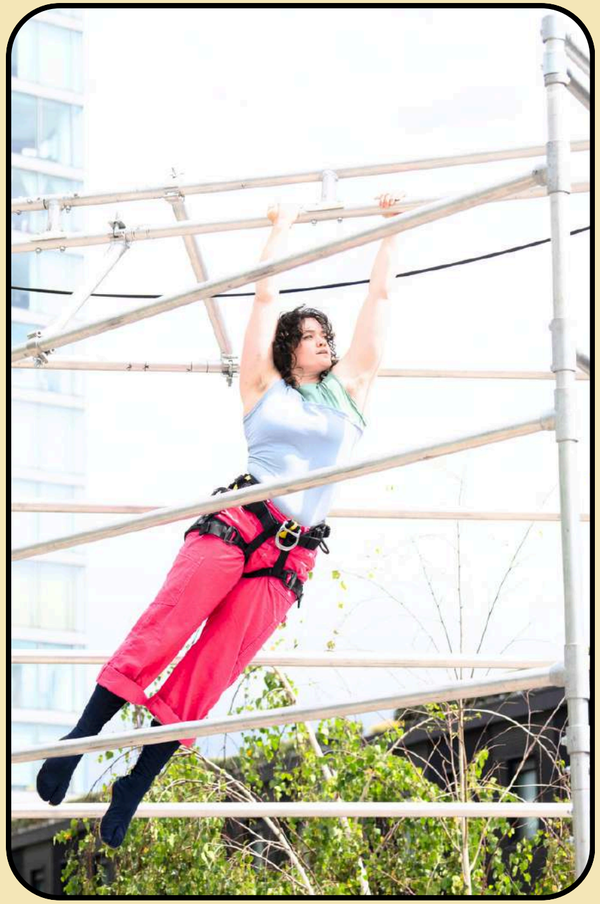
Cast- Tilly

Tilly Lee-Kronick (She/Her) Is Co-Artistic Director of Head Over Wheels.

Tilly is an aerialist & dancer performer in the show.



Cast - Phoebe



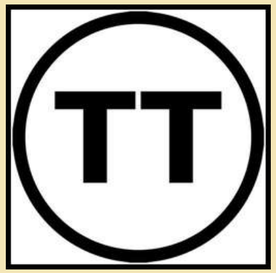
Phoebe Knight (She/They) Is a wonderful Chinese Pole artist and dancer.

Phoebe is a movement and counterweight performer as well as a musician in the show. Sometimes you will see Phoebe on the double bass.

Audience Information

How long does the show last?

- The show is 40 minutes long
- There is no interval



Audio Description/Tour Tours

- We offer a touch tour 20 minutes before each show.
- The show includes integrated audio description throughout.

Relaxed Performance

- This show will happen in a **relaxed environment.**
- You can move around during the performance or leave at any time.
- You can make noise.

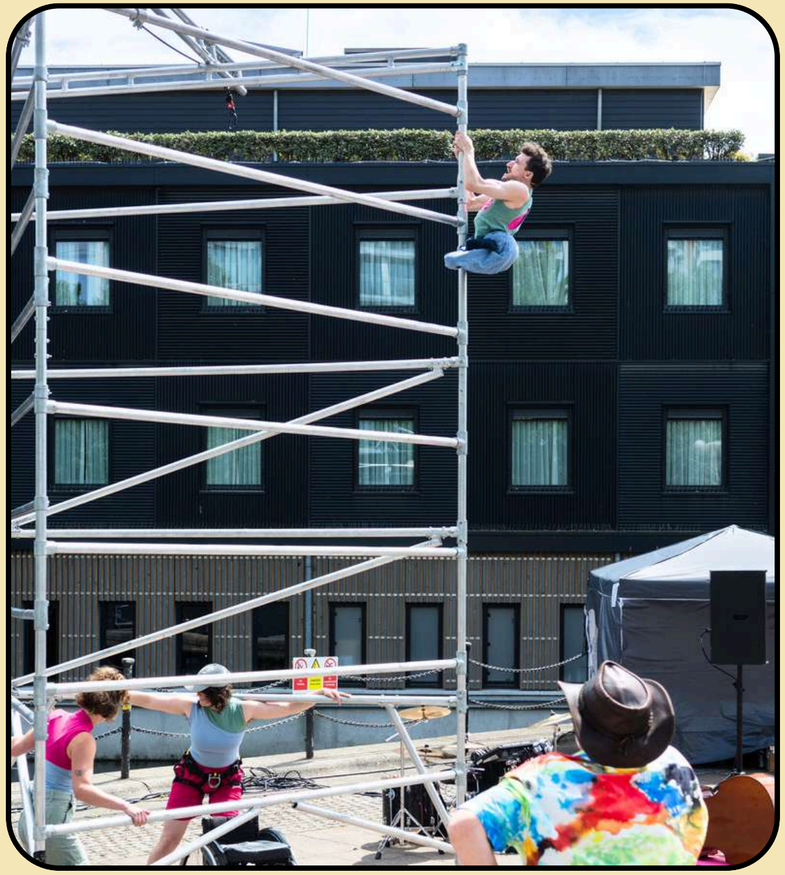
What happens in the show?

Beginning

The show starts with Tilly, Phoebe & Jonny on stage in front of the giant triangular tower.

The performers introduce themselves.

Jonny Climbs the Tower

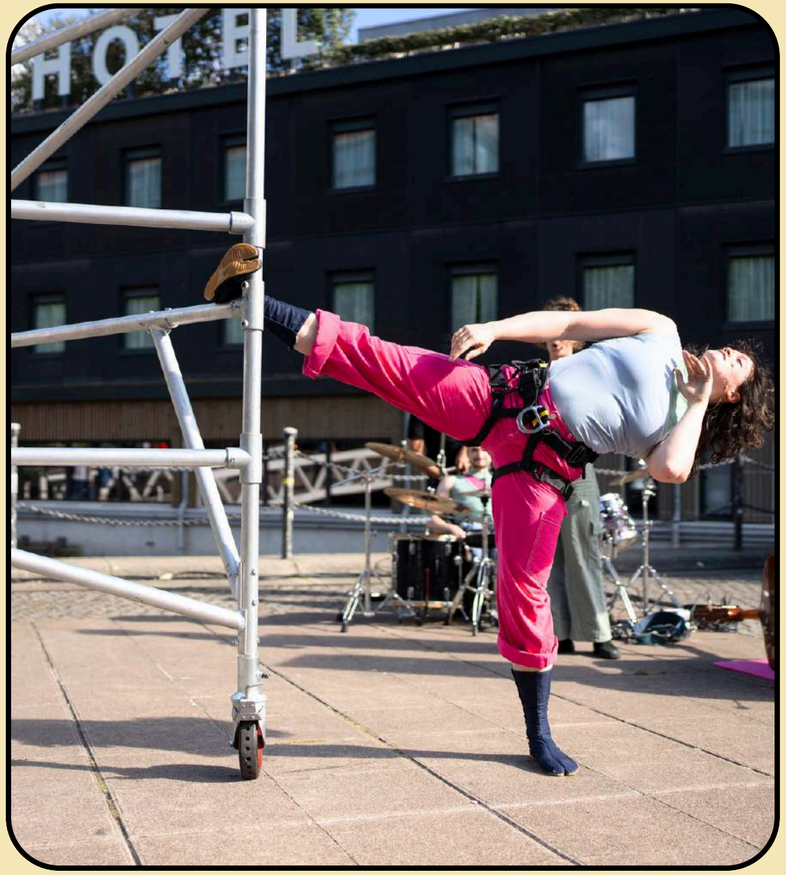


Jonny climbs to the top of the tower whilst Tilly & Phoebe spin the tower.

Tilly Climbs the Tower

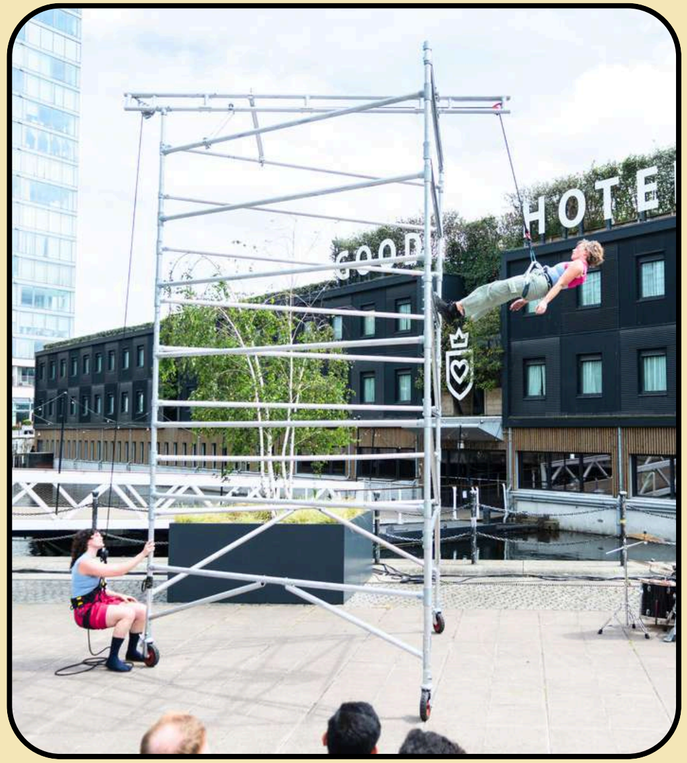
Tilly climbs the tower to discover all of the things she could be whilst she climbs and moves her body around the tower.

Phoebe sets up the tower



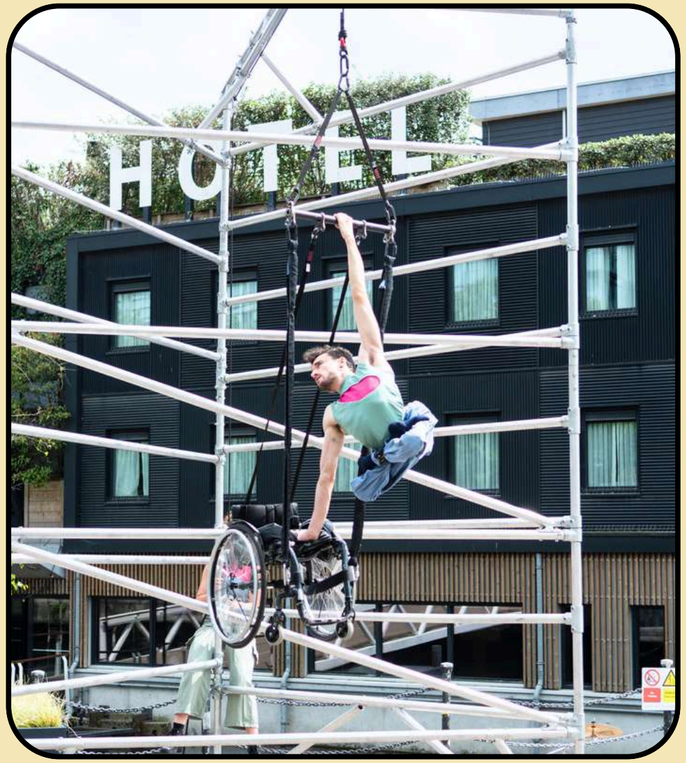
Phoebe shows us how you can set up the tower and equipment with creative certainty.

Phoebe & Tilly
Counterweight each other



Phoebe and Tilly take it in turns to hold each others weight. They are attached by a rope which allows them to let go of the tower and float.

Jonny does a duet with his chair

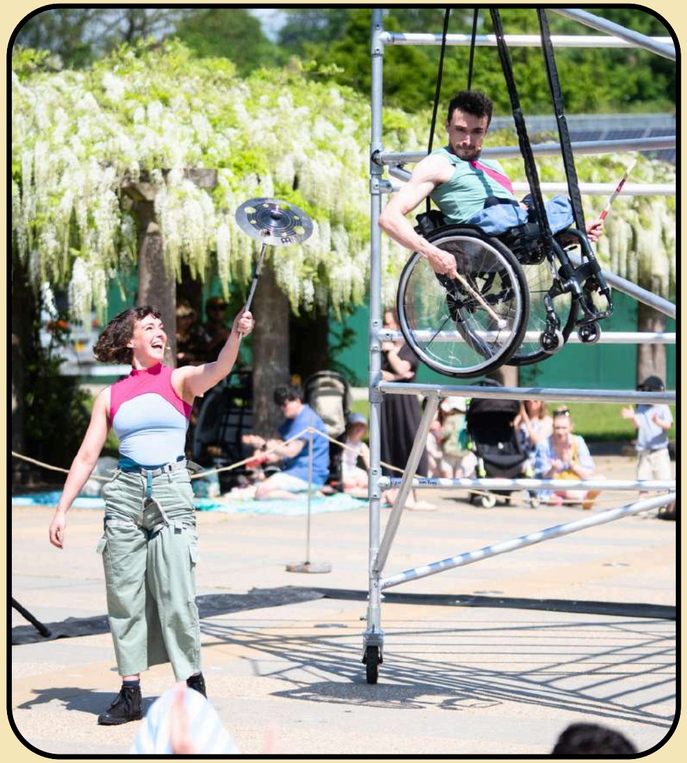


Jonny does a movement duet with his wheelchair whilst in the air.

Trio

Phoebe, Tilly & Jonny climb the tower together, now they have been on a journey of exploration they are free to be whatever they want to be.

Finale



Jonny, Tilly & Phoebe celebrate the journey they have been on individually and collectively.

Jonny & Phoebe play music on the tower.