What to Expect Guide: ‘Anyday’ by Max Calaf Sevé

This guide tells you what happens in Anyday and what you will see and hear, to help you feel comfortable and know what to expect before you the show.

About the show

Anyday is a circus and physical-theatre show performed on a trampoline.

It lasts about 40 minutes and there is no interval.

The show happens outdoors.

There are no words in the show, nobody speaks. You do not need to understand any language to enjoy it.

It is funny, gentle and sometimes moving.

It is suitable for all ages.

There is one performer, Max. His only companion is a little ball of feathers, which he cares for and treats as a pet bird and friend.

What happens in the show

Max lives on a trampoline, with only his little feathered companion for company.

His days are much the same — until he decides he wants a change, and the two of them set off on an adventure together.

You will see him bounce, balance, play and perform remarkable trampoline acrobatics, with lots of comedy along the way.

The story moves between funny, tender and joyful moments, and ends on a happy, uplifting note.

What you will see in the show

The show is performed in daylight, outdoors.

There are no strobe lights and no flashing lights.

There is no haze, smoke or fog.

What you will hear in the show

There is pre-recorded music played throughout the show.

Some moments of the music are louder than others.

There are some playful sounds — bounces, boings and clangs — that are part of the fun.

If you think you might find louder moments difficult, you might like to use ear defenders or soft earplugs.

Will I be asked to take part?

During the show, Max moves among the audience. At one point he invites a willing volunteer to come up and help him hang a coat. It is light and friendly, the volunteer is always someone happy to take part, and no one is ever made to do anything they do not want to do. You can simply watch and enjoy if you prefer.